At Latson Leadership Group we work with organizations to inspire performance that expands leadership effectiveness and organizational success.

### **Latson** Leadership Group.

Real Leadership. Real Impact. Real Results.

#### **EXECUTIVE & MANAGEMENT COACHING**

**Description:** Customized three-nine month program of high-impact individual coaching, supported by 360° feedback on a leader's strengths and development needs.

**Results:** Breakthroughs in a client's leadership, interpersonal and career effectiveness.

#### MANAGING YOUR PERSONAL BRAND

**Description:** An interactive, high impact, results-driven leadership development experience that enables managers at all levels to define, assess and build strong personal brands (reputations) based on providing economic impact to the organization.

**Results:** A pragmatic action plan that enables a stunning shift in having a personal brand with a track record of quality, dependability, reliability, predictability, and ongoing renewal and innovation.

#### HIGH PERFORMANCE TEAM DEVELOPMENT

**Description:** Team performance assessment, followed by coaching and skill-based training through a series of brief, custom-designed teamwork sessions.

**Results:** Dramatic improvement in team performance and morale in record time.

#### MORE TIME FOR YOU WORKSHOP

**Description:** Take charge of your day. This powerful system provides you with the tools and practices to focus on your priorities and accomplish more of them. Join the thousands of business people worldwide who say they have "recovered 5-10 hours per week," using the More Time for You program.

**Results:** Increased capacity to be more effective, productive and resilient in the face of the ever-increasing demands on our time. The system is implemented in your current e-mail and calendar system - Outlook, Google, Lotus Notes.

### THE ORGANIZATION WORKSHOP by Power & Systems Inc.

Description: Based on the pioneering work of Barry Oshry and his theory of systems leadership, this workshop helps leaders better understand the world in which they operate. It focuses on systemic conditions rather than personalities and it allows people to more clearly see the underlying issues standing in the way of their success using powerful experiential activities that actually get participants feeling it in their guts. It creates lasting, impactful learning, it sticks.

Results: Participants come away with concrete strategies for working effectively with and across boundaries.



Alesia Latson, as principal of the Latson Leadership Group, has been studying and practicing the art and science of leadership and organizational development for over 20 years. She has held management and organizational development roles in Fortune 100 financial service organizations and healthcare. Through her expert facilitation and personal coaching, she has developed hundreds of leaders at all levels to expand their productivity, management, and leadership impact. She is appreciated for her insight, creativity, and her exceptional skills as a consultant, executive coach, and speaker.

Ms. Latson received her M.A. in Training and Development from Lesley University and her B.A. in psychology from the University of Illinois. She is formerly an adjunct faculty member of Lesley University and Bentley College. She is a current adjunct professor at St. Joseph's University. Ms. Latson is a frequently guest speaker at Babson Executive Education, MIT Sloan School of Business, the University of Michigan's Ross Business School and Simmons School of Management.

She is the co-author of "More Time for You - A Powerful System To Organize Your Work and Get Things Done." Her clients Include: EMC, Fidelity Investments, McDonald's, GE, PepsiCo, Bright Horizons, Marriott, Pfizer and Blue Cross Blue Shield.

# Alesia Latson is certified to administer the following:

- Myers-Briggs Type Indicator (MBTI)
- BarOn EQi Emotional Intelligence
- California Psychological Inventory (CPI - 260)
- Profilor 360 Leadership Competencies
- TKI Thomas Kilman Conflict Inventory
- Conflict Dynamics Profile
- Hogan Personality Inventory
- FIRO-B
- Strong Interest Inventory

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